



RULES DUOXTREME 2016

Event: DuoXtreme Mountainbike Challenge Aruba

Date: 13 NOV 2016

Time: Start 7:00 AM

Location: Rancho Notorious Boroncana/Noord

Organizer: Stichting Mountainbike Aruba

1. The race

The DuoXtreme Mountain Bike Challenge Aruba (“the race”) is a 2-person team mountain bike race. Teams have to race together for the entire distance of the race, looking after each other and their equipment.

2. Structure and applicability of the Rules

2.1 The rules set out below are intended to be definitive and complete. The rules or regulations of any governing body of cycling body (e.g. the UCI anti-doping regulations, AWB-rules, etc.), have been incorporated if applicable to this race.

2.2 A failure to comply with any of the rules will result in a penalty, which could include a rider’s disqualification in certain circumstances.

2.3 The interpretation of any rule by the race organisers will be final and binding on all race participants.

3. Definitions

For purposes of the rules, the following terms shall have the meanings set out below:

3.1 “maximum time” means the maximum number of hours allowed to officially complete any stage as determined by the race organisers;

3.2 “rider separation” means the maximum allowable time separation between team members at any time during the race, namely 2 minutes; and

3.3 “rider booklet” means the race information booklet distributed to riders at race registration.

4 Riders

4.1 The minimum age of participation is:

For the Full Route 17 years on the race day (13/NOV/16)

For the Half Route 15 years on the race day (13/NOV/16)

For the Sprint Route 12 years on the race day (13/NOV/16)

4.2 There are 5 riding categories for teams in the Full Route, namely men 35-79 (combined age), men 80-99, men 100+, women open and mix open. For the Half Route only men open and women/mix open (combined). For the Sprint Route there is one category for juniors (minimum age 12years, combined age 24-32) and one for first timers (combined age 33+)

4.2.1 To start in the male 80 category, both riders must have a combined age of 80 years or older on the race day (13/SEP/16).

4.2.2 To start in the male 100 category, both riders must have a combined age of 100 years or older on the race day (13/SEP/16).

5 Medical

5.1 Riders must ensure that they are in good health and well trained.

5.2 The race organisers reserve the right to prevent a rider from continuing the race on receipt of medical advice from an official race medic or any other medical doctor recognised by the race organisers. The decision of the race organisers in this regard shall be final.

6 Bicycles

6.1 Only mountain bikes in good working order and race ready will be allowed to start the race:

- the front number board is securely fitted and visible from the front;
- the bike is in safe working order, as determined in the discretion of the race organisers;
- handlebar ends and handlebar extensions shall be plugged and must not have sharp or jagged edges. The use of tribars and bladed wheels is not allowed;
- bicycles may be propelled only through a chainset and by the rider's leg action, without any form of assistance (electrical or otherwise)

6.2 Each rider is responsible for the maintenance of his/her own bike for the duration of the race.

6.3 In all cases of maintenance and repair, riders are required to complete the full distance of the race and must complete the race within the maximum race time. Time spent on maintenance and repair will thus not entitle a rider to any extension of the maximum race time.

6.4 No seconding or outside assistance (including maintenance and/or repair works) is permitted under any circumstances. For purposes hereof, "outside assistance" includes physical assistance by any person other than a fellow competitor or accredited water point staff at official water points on the route.

7 Helmets and Clothing

7.1 Each rider must wear a helmet at all times while riding during the race.

7.2 Appropriate riding attire, including a shirt, must be worn at all times.

7.3 The use of 2-way radio's, or other way of communication is forbidden. Only in case of emergency the use of cell phones is permitted.

7.4 The use of any type of headphones is not permitted.

8 Team Riding

8.1 Riders must ride with their team partner at all times, and must remain within the maximum allowable separation time, namely 2 minutes. Riders must leave together

8.2 Rider separation may be measured at the start and finish and at various designated check points during the stage, but can also be enforced at any point during the race.

8.3 Rider separation may be measured more than once during the race, and penalties may be applied to each occurrence of rider separation outside the allowable limit during the race.

8.4 Any rider may receive physical assistance from his/her team partner. For purposes hereof, "physical assistance" shall mean the sharing of water and nutrition, sharing of bike parts and accessories (including the swapping of bike frames), assistance with maintenance and repair, and pushing/towing by physical contact only.

8.5 No towing between or pushing of riders by means of any mechanical or physical devices is allowed.

8.6 Riders may cross the finish line on foot provided that they have their bikes with them.

9 Rider Identification

9.1 Both riders in a team must display their race numbers at all times.

9.2 Bike numbers must remain firmly fixed on the front of the bike, and may not be obscured by cables or any other item.

9.4 Race numbers may not be modified or mutilated in any way, including cutting, adding stickers, removing existing stickers or trimming.

9.5 Race numbers have to be handed to the organisation after the race.

10 Race Starts

10.1 The start area opens 30 minutes before the start of the race, unless communicated otherwise.

10.2 Differential start zones will be allocated according to rider category in the race, and the organisers may allocate different (i.e. “staggered”) start times for each starting zone. Should staggered start times be allocated, any reference to start times in these rules will be to the start time applicable to the particular rider’s start zone.

10.5 The seeded starting zones will close strictly 15 minutes before their start time. Teams arriving late must start at the back of the field.

10.6 Riders must enter the start zone as a team with their bikes, and once entered must remain in the start zone with their bikes.

11 Route

11.1 Riders must complete the full designated route and distance of the race.

11.2 A rider must at all times follow the official route, obey the directions of the course marshals, and may not take any shortcuts or take any other advantage of a similar nature against competitors. The responsibility for knowing and following the official route lies with each rider.

11.3 Riders who exit the route for any reason must return to the course at the same point from which they exited.

11.4 Any walking, running or riding by a rider, which is carried out without the intention of directly re-joining the route, or any other activity in breach of the rules, which takes place outside of the marked course area, is not permitted.

12 Prohibited Equipment

12.1 The race organisers may at any time prohibit any other item of equipment (other than essential cycling equipment) in their discretion and riders shall at all times comply with any such prohibition.

13 Race Timing

13.1 Only team times will be advertised, but individual rider times will be recorded for purposes of measuring rider separation.

13.2 The team time is determined as the time at which the second team member passes the race finish line.

13.5 The start line will remain open for 15 minutes after the start time.

13.6 Any rider who cannot make his/her start time must report to the race organisers within 15 minutes of the start time to request approval for a late start.

13.7 No rider is allowed to start late without approval. If no approval for a late start has been given, the rider will be considered a DNS (did not start).

13.8 Any rider who does not start the race at all will automatically be disqualified and marked as DNS in the ranking.

13.9 The maximum race time will not be adjusted for any rider who is permitted a late start and/or who started in a start zone with a later start time than his/her own.

14 Maximum Race Time

14.1 The maximum race times are determined according to the length of the race and the terrain to be covered. Maximum race times will be included in the race registration pack, but may be varied by the race organisers at their discretion, subject to influence of weather etc. Any variations will be communicated to riders at the beginning of the race.

14.2 The race organisers may designate intermediate cut-off points which must be reached within specific times. Any teams which fail, or will in the sole opinion of the race organisers be unable, to reach intermediate cut-off points will be prevented from continuing to ride, be swept from the course and be classified as DNF (did not finish).

14.3 The race organisers may at any time impose additional cut-off points due to safety reasons. The provisions of rule 15.2 will apply to riders who have not yet reached the designated cut-off point within the allocated time or, in the sole opinion of the race organisers, will not reasonably be able to do so. Any rider not able to complete the race will be transported to the finish area, if necessary.

14.4 If a rider cannot continue the race for whatever reason, all effort will be made to transport such riders and their bikes to the race finish.

15 Abandoning of the race

15.1 Any rider who withdraws from the race or who does not reach the designated cut-off point on time will be classified as a DNF (Did not Finish).

15.2 Teams or riders that cannot continue the race for whatever reason must immediately inform the race office. This can be done at the race start, the finish and water points.

15.3 Should any rider or team fail to inform the race office of his/her/its withdrawal, and should a search and rescue operation be initiated for such rider or team, the cost of the search and rescue will be for the account of that rider or team.

15.4 Should any member of a team be incapable of finishing the race, his or her team partner will be entitled to continue riding in the race but will not qualify for any rankings.

16 Traffic Regulations

16.1 The race does not always have exclusive use of any public or private roads during the race.

16.2 All regular traffic regulations must be observed at all times during the race. (Drive/ride on the right hand side of the road!)

16.3 Instructions of marshals must be strictly adhered to.

17 Checkpoints

17.1 There will be checkpoints during the race, during which rider separation rules will be enforced.

17.2 Teams that are not detected when passing the checkpoints may be disqualified.

17.3 The location of the checkpoints will not be published, and hidden checkpoints are not excluded.

18 Registration and Briefing

18.1 Race plates to be collected at Friday 11-Nov-2016 between 7PM and 9PM, mandatory for all teams!

18.2 Riders must report to registration as a team.

18.3 A pre-race briefing will take place 15 minutes before start

19 Nutrition and Hydration

19.1 Riders retain the ultimate responsibility to carry enough water and nutrition with them.

19.2 The race organisers will provide water at official water points on the route, which is intended for drinking purposes only. No excessive use of water for any other purpose will be permitted at official water points.

20 Seconding and Outside Support

20.1 No seconding or outside assistance is permitted under any circumstances. For purposes hereof, "outside assistance" includes physical assistance (as defined in rule 8.4) by any person other than a fellow competitor or accredited water point staff at official water points on the route.

20.2 Drafting is allowed between riders, their team partners and fellow competitors, but no rider may draft behind any person who is not a participant in the race.

20.3 No other form of drafting is permitted whatsoever, including but not limited to drafting behind private vehicles, motor cycles, trucks and official race vehicles.

20.4 Specific escort or seconding vehicles not provided by the race organisers are not permitted to follow the race route. However, supporters may drive their own vehicles along public roads to reach vantage points to vocally support riders. Some sections of the course can be closed to all non-event traffic – including some public roads. Their closure must be respected by all.

21 Medical and Technical Assistance

21.1 Medical assistance will be supplied by the race organisers.

22 Environmental and Ethical

Riders must respect the environment at all times, and no littering or damage to the environment will be tolerated. In particular, but without limiting the generality of this rule, the following actions are specifically prohibited:

22.1 throwing away of water bottles, packaging or bike spares outside designated areas;

22.2 deviating from the route; and/or

22.3 smoking at any point on the route is not permitted.

23 Protests

23.1 Any protests must be submitted in writing, on the official protest sheets provided in the race office, to the race organisers after the rider has crossed the finish line, within the allocated time period set out below.

23.2 A deposit of \$50 must accompany any protest, before the protest will be considered.

23.3 If the protest is upheld, the deposit will be refunded. If the protest is not upheld, the deposit will be forfeited and donated for trail development.

23.4 Race protests must be submitted within 1 hours of the rider crossing the finish line.

24 Doping

24.1 The race organisers reserve the right to test all riders for doping and/or the use of any illegal substances.

24.2 All test results will be forwarded to national cycling federations, and positive results will lead to disqualification of the team.

24.3 Any person who is under provisional or final sanction by an Anti-Doping Organisation with jurisdiction under the WADA Code (a “person under sanction”) is prohibited from participating or being involved in the race, whether as a rider, team manager or official or in any other capacity whatsoever. Where any such sanction has been made final for an offence committed after 31 December 2012, such prohibition shall apply for the life of the person under sanction (irrespective of the duration of the sanction imposed by the relevant Anti-Doping Organisation).

24.4 Should the race organisers only become aware that any rider, team manager or official is a person under sanction after having accepted such rider’s entry and/or team manager or official’s participation in the race, such entry or right of participation shall immediately be cancelled.

25 Code of Conduct

All riders are expected to display good sportsmanship at all times, and must not use offensive or abusive language during the race, act in an unsporting manner, be disrespectful to the officials or ignore the race regulations.

26 Discretion of the Race Organisers

Where any additional rule interpretation is required, or where specific provision for any incident has not been made in these rules, the decision of the race organisers will be final.

27 Award Ceremony

During the final award ceremony the first three finishers of the race will be called to the podium, in the following categories:

- Men 1 Full
- Men 2 Full
- Men 3 Full
- Women open Full
- Mix open Full
- Men open Half
- Women/Mix open Half
- Men open Sprint
- Women/Mix open Sprint

Additional awards for:

- Fastest Buffalo Team (combined weight 180+ kg, Fill Route ONLY)
- Fastest Family Team (Father/Mother-Daughter/Son, Half Roue ONLY)
- Fastest Single Speed (Full Route ONLY)